



SwingShift Nurses Notes



Join us on a walk for mental health

There are less than three weeks to go until the annual Wellbeing Walk around Albert Park Lake. SwingShift Nurses is entering a team in the event and is encouraging our nurses behind this great cause and join our team. Organised by Health Foundation Australia, the walk is on Sunday 20 forms part of National Mental Health Month. Register on [SwingShift Nurses](https://www.trybooking.com/book/sessions?eid=50212) to receive a discount on general tickets <https://www.trybooking.com/book/sessions?eid=50212>



Forensic and correctional health services

SwingShift Nurses is a preferred provider for most forensic mental health services in Melbourne and is a strong supplier to correctional health services in Melbourne and regional centres. We are always looking for nurses interested in these areas. If you are keen to work in forensic mental health please let us know as most facilities have regular orientation sessions.



Spring hay fever season

Sneezing, runny nose, itchy throat, watery eyes — welcome to spring and the arrival of peak hay fever season. Currently there isn't a cure for allergic rhinitis. The most effective way to control spring hay fever is to avoid exposure to pollens. However, that's very difficult, particularly as the weather warms up and you want to spend more time outdoors. Of course, pollens aren't the only environmental allergens that can bring on hay fever as dust mites, moulds and animal hair are other common triggers. Identifying what's causing the symptoms is an important part of managing hay fever. Thankfully, some medications can help relieve the symptoms. If you are suffering, ask your pharmacist or GP for advice.



EMR training offer

SwingShift Nurses currently has a high volume of work available at Monash Health. Nurses are required to complete Monash Health's Electronic Medical Record (EMR) training before being eligible to work there. There are two components to the training — an online module and a classroom session. If you have completed EMR training for Alfred Health you are not required to undertake the classroom session at Monash Health. *For a limited time we are offering a \$50 cash bonus for completing Monash Health's EMR training.* You can access Monash Health's learning portal to enrol here: <https://learning.monashhealth.org>. Please contact us for more information.



New allocations staff

Much of our success in fluidly matching professional nurses to hospital and health centre vacancies is due to our diligent and responsive allocations staff. They're focused on filling available positions in the fastest and most effective way. Reliable and courteous service are the main reasons SwingShift Nurses establishes great working relationships with nurses and clients alike. We recently added several allocations staff to cope with increased demand, so you'll hear some new voices on the phone including Esther (who worked with us previously) Katie, Michael and Rebecca.



SwingShift app coming soon

Several months ago we announced that a SwingShift Nurses App was being developed. The app will make it easier to receive and accept shifts, manage your availability and send us your time sheets. There have been some delays in development — but it will be launched soon. In the meantime, don't forget to keep up-to-date with all SwingShift news and nursing sector information by following us on Facebook, Instagram and LinkedIn. Simply click on the links at the bottom of this newsletter.



Connect with SwingShift Nurses: T: 03 9481 7222 E: recruitment@swingshift.com.au

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